



Beautopia Cosmetic Medicine

Experience a Personal Physician Approach Dr. Tammy Polit, DO, Medical Director

Specialty | Beautopia is a full-service cosmetic medicine practice headed by Dr. Tammy Polit—a physician with more than 20 years of experience. Beautopia offers a suite of advanced cosmetic procedures that are all physician administered. Dr. Polit offers Tumescence Liposuction, ThemiVa, ThermiSmooth, Botox, dermal fillers (*Juvederm, Radiesse, Belotero*), advanced skin laser treatments, IPL skin spot treatments, vitamin IVs, medical Hydrafacials, RF Endermologie cellulite treatments, sclerotherapy and 3-D treatments using the most advanced technology available.

The Tumescence Difference | Imagine a tummy tuck with no general anesthesia, greatly reduced recovery time and virtually no scarring—with results that will astound. This is possible with Tumescence Liposuction, a revolutionary approach to body contouring. Beautopia offers this new and improved approach to tummy tucks, love handle reduction, bra pudge, arm lift, thigh lift, male breast reduction and eye bag reduction (*lower eyelid blepharoplasty*). Dr. Polit has worked with the pioneers of this amazing technique both in the U.S. and in Europe to optimize this approach.

Tumescence Liposuction Benefits | The core innovation behind tumescence liposuction is a locally injected solution (*called “tumescence”*) that enables surgery without putting a patient under general anesthesia. This numbing fluid makes the procedure virtually painless and aids in recovery. After the procedure, you can go about your day without discomfort. This local numbing allows you to stay awake through the procedure, facilitating effective communication. There’s also little to no scarring. The technique only requires incisions that are less than a centimeter and uses new generation laser technology that virtually eliminates the need for extensive hip-to-hip cutting. Less downtime, reduced recovery time and procedure cost make this a game-changing technique for her patients.

You Should Know | Dr. Polit performs the procedures at Beautopia herself. This is a distinct advantage over other establishments that allow aestheticians or medical technicians to do their procedures. Experienced physicians do make a substantial difference in the results. “We know anatomy better. We know where we should be treating and where we should not. We are more trained to evaluate the research to get technically better results,” explains Dr. Polit.

Patient Experiences | “Dr. Polit and her staff bring attention to the smallest of things from the phone calls to the procedure itself. The procedure was very simple and the staff was very encouraging. Dr. Polit is an extremely talented and gifted physician. Her bedside manner reaches far into the realm of perfect.”

“My belly was in bad shape. My love handles were big and floppy. But after the procedure was done, I could not stop looking at my pictures. It was a new me! I am looking forward to another procedure to be done soon.”

“I am very happy with my new body. I love being able to wear my ‘cute’ clothes again. The best part is that I really feel great all the way around about myself.”

Personal Physician Approach | Dr. Polit believes that fully understanding what a client wants starts with good communication. “I can be more precise in achieving their goals and improve their outcomes,” shares Dr. Polit. Communication is also crucial for the overall patient experience. Bedside manner has become something of a lost art in medicine, but not for Dr. Polit’s patients. They have experienced her warm, thorough and highly capable brand of care. You too can experience her personal physician approach and the very latest in cosmetic medical technology at Beautopia.

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